

ESTABLISHING PRIORITIES

PERSONAL		FAMILY		CAREER		SOCIAL/OTHER	
Rank	Activity	Rank	Activity	Rank	Activity	Rank	Activity

MY TOP 3

MY TOP 3

MY TOP 3

MY TOP 3

- List activities you perform, or would like to perform, in each of the 4 categories above
- Rank them from 1-10
- List the top 3 in each category
- Transfer the 12 "Top 3" to the green box
- Transfer 3 more activities that did not make the "Top 3" boxes but are important to you
- Rank these activities from 1-15
- Focus on the top 7

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